



P R E S E N T S

2025



Dessel (B)
6.-8. June 2025



Valkenswaard (NL)
12.-14. September 2025



Esselbach (D)
03.-05. October 2025



**3-Nations
BMX-Cup**

GENERAL RULES:

The UCI regulations, Part VI BMX, particular title 6, Racing regulations BMX, in the last published edition, are applicable to the 3 nations cup.

NON-SMOKING EVENT

The 3 nations cup is a smoking free event. Organization to create smoking area outside of the terrain of the BMX event/track.

ELECTRIC VEHICLES PROHIBITED

Around the track, team tent area, food area, electric vehicles (e-scooters, Sur-rons, E-MTB etc.) are prohibited. Organizer arranges proper signage informing every visitor / rider.

FRONT- AND SIDEPLATES:

The organizing committee of the 3 Nations Cup 2025 will provide the front and side plates. These plates will be issued only once and must be used for all three races in the 3 Nations Cup. If the plates become unusable due to damage or faded print, the rider must purchase a new set for a fee of €10.00. Riders who do not use the provided plates during races or training sessions will not be included in the results and will receive a DNS (Did Not Start). If a rider is seen without an official plate during training sessions, they will receive an official warning; a subsequent offense will result in disqualification from the event. The plates will be distributed to the riders by the national team manager or Chef d' équipes of each country during race registration.

CATEGORIES:

Saturday

Cruisers Men: 13/16, 17/29, 30/49 and 50+

Cruiser Women: 13+

Girls 8-. 9/10, 11/12, 13/14, 15/16

Boys 8-, 9/10, 11/12, 13/14, 15/16

Sunday

Girls 8-, 9/10, 11/12, 13/14

Boys 8-, 9/10, 11/12, 13/14

Girls 15/16, Boys 15/16

Women 17+, Men 17+

Junior Women, Junior Men

U23 Women, U23 Men

Elite Women, Elite Men

RACES 2025:

In 2025, the races will be held on the following days and locations:

Dessel (B):	6. June – 8. June 2025
Valkenswaard (NL):	12. September – 14. September 2025
Esselbach (D):	3. October – 5. October 2025

On Saturday, only riders holding a Belgian, German, or Dutch racing license are eligible to register. On Sunday, the race is classified as C1, and registration will follow UCI regulations.

REGISTRATION:

The 3 Nations Cup uses a pre-registration platform. You can access the registration platform via this link:

<https://registration.jstiming.com>

Anyone with a UCI-ID can create an account and register for 3 Nations races. Please note, only one account is allowed per email address. Individual riders can create a personal account using their UCI-ID. Parents or guardians of youth riders can create a 'family account' based on the rider's UCI-ID, allowing up to 5 riders to be registered under one account. After registering or canceling, you will receive a confirmation email from JSTiming. If you already have an account on this portal, you can use your existing account.

Round	Event	Event Date	Registration open	Registration Closing	DOUBLE AMOUNT REGISTRATION FEE	TRIPLE AMOUNT REGISTRATION FEE
					Late entry closing	Super late entry closing
R1	DESSEL (B)	7-6-2025	7-3-2025	2-6-2025	6-6-2025	7-6-2025
R2	DESSEL (B)	8-6-2025	7-3-2025	2-6-2025	7-6-2025	8-6-2025
R3	VALKENSWAARD (NL)	13-9-2025	13-6-2025	8-9-2025	12-9-2025	13-9-2025
R4	VALKENSWAARD (NL)	14-9-2025	13-6-2025	8-9-2025	13-9-2025	14-9-2025
R5	ESSELBACH (D)	3-10-2025	4-7-2025	29-9-2025	2-10-2025	3-10-2025
R6	ESSELBACH (D)	4-10-2025	4-7-2025	29-9-2025	3-10-2025	4-10-2025

Late entries on raceday can be made on-site with the Chef de Equipes, but **triple** fees will apply. After the cancellation deadline, no refunds will be issued for registration fees.

In addition to online registration, all riders (except challenge riders with a license from the Belgian, German, or Dutch Federation) can register on-site for the Sunday race at regular fees. Junior and elite riders with a license from the Belgian, German, or Dutch Federation can also register on-site for the Sunday race, but triple fees will apply.

For Cruiser categories of 30 years and older, which will be combined with the next younger category.

ENTRY FEES:

	2025	2026
Challenge Classes Boys and Girls 8 and under – 14 years	19,00 €*	20,00 €*
Challenge Classes Men and Women 17+	19,00 €*	20,00 €*
Cruisers	19,00 €*	20,00 €*
Challenge Classes Boys and Girls 15/16	19,00 €*	20,00 €*
Junior Women, Junior Men:	37,00 €*	38,00 €*
U23 Women, U23 Men:	47,00 €*	48,00 €*
Elite Women, Elite Men:	57,00 €*	58,00 €*

*The above-mentioned numbers apply per day and per category.

The entry fee does not include charges for late entry, cancellation, national federation, registration, and bank fees. These additional fees will be automatically applied to your registration or cancellation.

SIGN-ON:

Every rider must report to the team manager / Chef d'Equipe of their national federation. The team manager will verify the entry details and provide the rider with a wristband. During the first race of the season, riders will receive a number plate and side plate, which must be used for all 3 Nations races.

Riders who did not deregister before the deadline will still receive their rider pack if they report their absence to the team manager or national federation on the day of the race. In case of illness or injury, the team manager must be notified of the rider's absence. Riders injured during training must deregister immediately after the training session.

Riders who do not collect their wristbands and plates will be un-registered by the team managers. Wearing the provided wristbands is mandatory. Participation in races or training sessions without a wristband is not allowed.

RACE SCHEDULE:

All races will be seeded according to the scrambled system.

PRIZES AND AWARDS:

For all Challenge Categories: Trophies for all 8 riders in the finals.

For all Championship Categories: Prize money as listed below per race, according to the 2025 UCI C1 schedule (except 1st place Category Junior) + category 15/16. If less than 9 rider participate in a race, the prize money will be reduced with 20% ([UCI Financial Obligations BMX 2024 Page 10](#)).

Ranking	Elite men	Elite women	U23 men	U23 women	Junior men	Junior women	15/16 boys (both days)	15/16 Girls (both days)
1st	800 €	800 €	350 €	350 €	160 €	160 €	80 + Prize *	80 + Prize *
2nd	400 €	400 €	175 €	175 €	70 €	70 €	35 + Prize *	35 + Prize *
3rd	200 €	200 €	85 €	85 €	60 €	60 €	30 + Prize *	30 + Prize *
4th	175 €	175 €	75 €	75 €	50 €	50 €	Prize *	Prize *
5th	150 €	150 €	65 €	65 €	40 €	40 €	Prize *	Prize *
6th	125 €	125 €	55 €	55 €	30 €	30 €	Prize *	Prize *
7th	100 €	100 €	40 €	40 €	20 €	20 €	Prize *	Prize *
8th	75 €	75 €	35 €	35 €	10 €	10 €	Prize *	Prize *
Summary	2.025 €	2.025 €	880 €	880 €	440 €	440 €	145 €	145 €

* per day

PRIZES FOR COMPETITION AFTER 6 RACES:

After the final race of the 3 Nations Cup, the top three riders in each class with the highest points will receive a medal. Refer to Attachment 1 for the points schedule. All 3 or 6 races contribute to the final prize. In the event of a tie in points after 3 or 6 races, the results of the last race will determine the winner. If one or more races are canceled, there will be no prize ceremony at the final competition.

(NEW!!!) PRIZE FOR THE PERFECT SCORE

All the Championship categories race for the perfect score.

The rider that has the most heat (motos, 1/8, ¼, semi-final and final) wins over all 3NC Championship races (combined Elite M&W, U23M&W, Jr M&W) wins 1000,- Euro. If the same amount of heat wins are achieved by more than 1 rider the prize money amount is equally divided between these riders.

TIME SCHEDULE FOR TRACKS WITH PRO-SECTION:

Friday:

10:00 – 22.00	Opening of welcome desk for camping
18:00 – 19.30	Pickup wristbands and plates at chef d'équipe / Double-fee registration Challenge
19:00 – 19:55	Gate practice all Classes up to 12 years
20:00 – 20:55	Gate practice all classes 13 years and over / Cruiser
21:00 – 21:30	Championship Training

Saturday:

Classes (morning - only riders from 3-Nations):

- Girls 8 & -, 9/10, 11/12, 13/14, 15/16
- Boys 8 & -, 9/10, 11/12, 13/14, 15/16
- Cruisers 13/16, 17/29, 30/49, 50+, Cruiser Women 13+

8:00 – 20:00	Opening of welcome desk for camping
9:30 – 10:30 *	Pickup wristbands and plates at chef d'équipe / Triple-fee registration Challenge
10:00 - 11:05	Gate practice for Girls & Boys up to 12 years
11:10 – 12:20	Gate practice for Girls & Boys 13 years and over / Cruiser
12:30 - 15:00	Moto's for Girls & Boys 8 till 16 & Cruisers
15:00 - 16:45	1/8, 1/4, 1/2 and Finals
17:00	Award Ceremony
Following	At the last race: Award ceremony for competition no. 1,2 and 3 for cruisers category
18:00 – 18.30 *	Pickup wristbands at chef d'équipe
19:00 - 19:45	Gate practice Challenge riders
19:45 – 20.30	Championship Training

Sunday:

Classes (morning - open race - all nations):

- Girls 8 & -, 9/10, 11/12, 13/14
- Boys 8 & -, 9/10, 11/12, 13/14
- Girls 15/16
- Boys 15/16
- Women 17+
- Men 17+
- Women Junior, Women U23, Men Junior, Men U23
- Women Elite, Men Elite

8:00 – 8.30 *	Pickup wristbands and Plates at chef d'équipe / Triple fee Registration Championship
8:00 - 8:50	Warm-up for Girls & Boys 8 till 14
9:00 - 9:20	Warm up Boys/Girls 15/16, Men 17+, Women 17+
9:20 - 9:50	Championship Training
10:00	Moto's for all classes
Following	1/8, 1/4, 1/2 and finals
Abt. 14:00	Award ceremony for classes without finals
After all finals	Award ceremony for all classes with finals
Following	At the last race: award ceremony for competition no. 1, 2 and 3 all classes except the cruisers.

Time-schedule is subject to changes!

*** The Chef d'équipe can define the time for wristband and plate pickup.**

During practice on Sunday morning, rows 1 and 2 are reserved for the rider 5 up to and included 10 years old!

ENTRANCE TICKETS MAX:

- 13 years and over: Saturday € 10,00, Sunday: € 10,00, passe-partout: € 15,00.
- 5-12 years : Saturday € 6,00, Sunday: € 6,00, passe-partout: € 10,00.

CONTACT INFORMATION:

Organiser Dessel (B)	BMX 2000 Dessel Frank Smets Sportpark 6 2480 Dessel Belgium
Organiser Valkenswaard (NL)	FCC Lion d'Or Mirjam Litjens / Joost van Nunen Mgr. Smetsstraat 41 5551AB Valkenswaard The Netherlands
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